**ACTION: CAS LOG**

Student’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The CAS Log needs to be kept in your binder and updated as you accomplish your tasks. Make sure to fill it out completely and get the supervisor information and contact when you complete the experience.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| DATE | C or  A | NUMBER OF HOURS | DESCRIPTION OF EXPERIENCE | THE LEARNING OUTCOME | NAME AND CONTACT INFORMATION OF SUPERVISOR or DESCRIPTION OF EVIDENCE |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

**\* Write the number of the Learner Outcome you met in the space provided**

1 - Identify own strengths and develop areas for growth

2 - Demonstrate that challenges have been undertaken, developing new skills in the process

3 - Demonstrate how to initiate and plan a CAS experience

4 - Show commitment to and perseverance in CAS experiences

5 - Demonstrate the skills and recognize the benefits of working collaboratively

6 - Demonstrate engagement with issues of global significance

7 - Recognize and consider the ethics of choices and actions

**Action:** 100 points Summative

Turn in:

\_\_\_\_Completed Action log sheet (all columns filled)

\_\_\_\_At least 4 hours logged.

**Reflection:** 100 points Summative

Turn in:

\_\_\_\_Written reflection answering all of the 4 Essential Questions

o What did you do?

o What were your feelings and reactions about the experience?

o What did you learn in the process?

o Which of the 7 learner outcomes did you meet?

**Reflection Rubric**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Question** | **A (25-23 points)** | **B (22-21 points)** | **C ( 20-19 points)** | **D (18-17 points)** | **F (16-0 points)** |
| **What did you do?** | Thoroughly answers the question and uses details. Has an appropriate goal. | Thoroughly answers the question but does not include details. | Answers the question but does not address all their time. | Answers the question but is vague. | Does not answer the question or has a goal that is not CAS related. |
| **What were your feelings and reactions about the experience?** | Thoroughly answers the question using specific examples. | Thoroughly answers the question but does not include specific examples. | Thoroughly answers the question but only discusses feelings or reactions. | Answers the question but is vague. | Does not answer the question or has a goal that is not CAS related. |
| **What did you learn in the process?** | Thoroughly answers the question and uses specific examples. Answers whether they met their goal or not. | Thoroughly answers the question but does not include details. | Answers the question and does not include specific examples. | Answers the question but is vague. | Does not answer the question or has a goal that is not CAS related. |
| **Which of the 7 learner outcomes did you meet?** | Thoroughly explains how they met at least 1 of the CAS learner outcomes from the Action Log Sheet. | Explains how they met at least 1 of the CAS learner outcomes from the Action Log Sheet. | Mentions 1 of the 7 learner outcomes but does not explain how they met it. | Explains how they met a learner outcome but it is not one of the 7. | Mentions a learner outcome, but it is not one of the 7. |

* All of these are due by May 4th (B Day) and May 5th (A Day) at the beginning of class.
* If you are turning in anything electronically it must be emailed or shared with Google Docs by the day that it is due.
* If you are turning in anything that needs to be printed out (i.e. a typed reflection) it must be printed before it is due. Do not ask to print during class.